

**2008 THERAPEUTIC TOUCH  
MENTORSHIP PROGRAM  
AT CAMP INDRALAYA**

**APPLICATION**

June 8 to June 14    Fee: \$530.00 plumbing;    \$390.00 non-plumbing

**Please see Invitation for individual course description**

**NAME:**

**AGE:**

**ADDRESS (street, city, state, zip):**

**PHONE:**

**E-MAIL:**

**PROFESSION/EMPLOYER:**

**STATE/PROVINCE INWHICH LICENSED:**

**LICENSE # - IF CEU'S DESIRED:**

**DEPOSIT:** A \$75.00 (US funds) deposit is required.

**REGISTER BY MAIL:** Send your check or credit card information, and your name and workshop, to the camp address: 360 Indralaya Rd, Eastsound, WA 98245. Include your name as it appears on your credit card, card number and expiration date. (We can take MasterCard and Visa.)

**REGISTER ONLINE (NEW):** Complete your registration at [www.indralaya.com](http://www.indralaya.com). A **secure site** is provided for credit card payment of the deposit.

**DEADLINES:** Must register by April 17th.

**We ask that you fully answer all the questions to the very best of your ability. Acceptance to the workshop will be influenced by this information.**

1. List your previous Therapeutic Touch teachers and dates of instruction, beginning with the most recent.

2. Have you previously attended a Mentorship workshop at Indralaya? If so, please give the year and the name of your Mentor.

3. Describe your professional background.

4. List your principal extra-curricular activities and interests.

5. Describe your experiences as a Therapeutic Touch therapist during the past year.

6. Do you practice other healing therapies? If so, under what circumstances do you use these modalities?

7. What are your goals regarding your Therapeutic Touch practice 5 years from now, and how do you visualize those goals being achieved?

8. Evaluate your current strengths, weaknesses and areas for future growth as they relate to Therapeutic Touch.

9. What are your objectives in participating in the Mentorship Program?

## **2008 Mentorship Faculty**

### **Program Director**

**Dolores Krieger**, PhD, RN, is Professor Emerita of Nursing Science, New York University. Together with Dora Kunz, she developed Therapeutic Touch. She is the author of several books, the most recent being *Therapeutic Touch as Transpersonal Healing*. Program participants have a unique opportunity to spend time with Dee Krieger, in a setting which enhances the TT experience on all levels. You are invited to join your colleagues in gathering together with this master teacher who, with her inquiring mind, the depth of her experience and understanding, and her delightful humor makes each program an unforgettable event.

**Julie Benkofsky-Webb, BS, LMT**, Program Coordinator, has been teaching Therapeutic Touch since 1991. A Qualified TT Teacher with Nurse Healers-Professional Associates (NH-PAI), she is a former editor of the NH-PAI newsletter, *The Cooperative Connection*. Julie says that teaching TT has been one of the joys of her life and this has only increased with her role as program coordinator, which she began in 2002. She maintains a private massage practice in Hawaii, where she also teaches yoga.

## 2008 Mentors

**Barbara Denison MSN, ARNP, AHN-BC** has been practicing Therapeutic Touch since 1986, learning originally from Janet Macrae and consistently studying with Dora Kunz and Dr. Krieger. She was honored to serve on the board of trustees for Nurse Healers-Professional Associates (NH-PAI) for nine years. Barbara's passion for TT and holistic approaches to health lead her to become board certified as an Advanced Holistic Nurse. She is currently in holistic nursing private practice in Wichita, Kansas at an integrative clinic. In 2002 she received her Masters in Nursing and completed a research thesis on Therapeutic Touch and fibromyalgia. Barbara has been a nurse for thirty years, with expertise in critical care and cardiovascular surgical nursing. She played a pivotal role in the development of a complementary healing services program within the regional medical center that she worked from 1996-2000. She continues to keep her clinical skills current by working part time in a specialty heart hospital. Barbara served as Mentor at Indralaya in 2000.

**Jody Falconer, CMT, QTTT** a massage therapist in California, has been studying TT since 1994. She was a Mentor in 2002 and 2004 and has assisted in organizing the TT camps at Indralaya. Therapeutic Touch was one of the first Continuing Ed classes Jody took following massage school, and she has used TT as the basis of her massage interaction ever since. She maintains a private practice and teaches TT, both in massage schools, and annually with the North West TT Institute in Eugene, Oregon. As a mentor, she is interested in the inner journey of TT. How can we listen more deeply? What is it that this patient needs for balance? What is this healing energy that we connect too? How can I come to understand TT and healing more fully? Jody hopes to assist students in these areas through deeper explorations of the various aspects of TT, through nature, through centering, self observation, and uncovering our healing potential as human beings.

**Cathy Fanslow-Brunjes RN, CNS, MA, QTTT** has been involved with Therapeutic Touch since the days of its creation, when Dee Krieger was her professor at New York University. Cathy has worked in the fields of hospice and bereavement for over thirty-five years and has just completed a book on her work Entitled *Using the Power of Hope to Cope with Dying: The Four Stages of Hope*, it is due to be published in May of this year. She is the originator of the Hand-Heart Connection, a TT technique that she has taught to thousands. Cathy has said, "TT is not a technique. It is a way of life. It is the single most important method for integrating that I know of." One of the earliest TT teachers, Cathy has previously served as a Mentor at Indralaya. Her home is on Whidbey Island, Washington.

**Huguette Ruel, RN** is a Recognized TT Practitioner and Teacher, through the BC TT Network, on Vancouver Island, British Columbia. Practicing TT since 1994, Huguette has focused on implementing Therapeutic Touch in hospital settings, holistic bodywork and family life. After an active thirty-two years as an RN in trauma units and palliative care, she has moved on to a private practice in bodywork and creative design. As a Mentor, Huguette will guide each student toward a deeper awareness of each phase of the TT process and its relationship to personal growth. She served as a Mentor at Indralaya in 2007.